

*Catrena Bowman*



**OUR SERVICES**

*Leadership*  
**COACHING**

*Training*

*Inspirational*  
**SPEAKING**

WITH A PASSION FOR EMPOWERING LEADERS AND A DEEP COMMITMENT TO PERSONAL GROWTH, CATRENA SPECIALIZES IN HELPING HIGH ACHIEVERS STRENGTHEN THEIR CONFIDENCE, SHARPEN THEIR VISION, AND ELEVATE THEIR LEADERSHIP IMPACT. SHE BELIEVES PERSONAL STYLING IS AN ESSENTIAL PART OF EXECUTIVE PRESENCE, AND INCORPORATES IT INTO HER COACHING TO HELP LEADERS SHOW UP WITH AUTHENTICITY AND INFLUENCE. THROUGH COACHING, TRAINING, AND SPEAKING, SHE EQUIPS LEADERS TO BUILD STRONGER TEAMS, FOSTER MEANINGFUL RELATIONSHIPS, AND CREATE LASTING IMPACT.

Leadership that  
**Empowers**

[www.catrenabowman.com](http://www.catrenabowman.com)





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